



18th

national insulin & incretin summit

Life-Changing Innovations

14 & 15 Dec 2024

VIRTUAL

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Faculty

This NIIS brings to you a galaxy of world-renowned faculty members

National Convener



Dr A K Das
Pondicherry

Faculty

(in alphabetical order)



Dr A G Unnikrishnan
Pune



Dr A H Zargar
Srinagar



Dr A Ramachandran
Chennai



Dr Ajay Kumar
Patna



Dr Ambrish Mithal
New Delhi



Dr Andrew Boulton
Manchester, England



Dr Anoop Mishra
New Delhi



Dr Arpandev Bhattacharyya
Bengaluru



Dr Banshi Saboo
Ahmedabad



Dr Binayak Sinha
Kolkata



Dr C K Ponde
Mumbai



Dr Chantal Mathieu
Leuven, Belgium



Dr Jabir Abdullakutty
Kochi



Dr K D Modi
Hyderabad



Dr K K Gangopadhyay
Kolkata



Dr K M Prasanna Kumar
Bengaluru



Dr Kamal Sharma
Ahmedabad



Dr Krishna Seshadri
Chennai



Dr Manoj Chawla
Mumbai



Dr Mathew John
Trivandrum



Dr Nandita Palshetkar
Mumbai



Dr Neeta Deshpande
Belgaum



Dr Nitin Kapoor
Vellore



Dr Om Lakhani
Ahmedabad



Dr Peter Schwarz
Dresden, Germany



Dr Piya Ballani Thakker
Mumbai



Dr Pramila Kalra
Bengaluru



Dr Pravin Kahale
Mumbai



Dr Rajesh Rajput
Rohtak



Dr Rajiv Kovil
Mumbai



Dr Rishma Dhillon Pai
Mumbai



Dr S K Wangnoo
New Delhi



Dr Sanjay Kalra
Karnal



Dr Shashank Joshi
Mumbai



Dr Shehla Shaikh
Mumbai



Dr Shiv Kumar Sarin
Delhi



Dr Sri Nagesh
Hyderabad



Dr Shreerang Godbole
Pune



Dr Sruti Chandrasekaran
Chennai



Dr Sunil M Jain
Indore



Dr Tiny Nair
Trivandrum



Dr V Mohan
Chennai



Vikrant Shrotriya
CVP & GM, Novo Nordisk

Scientific Programme

A scientific feast of lectures and panel discussions covering topics related to diabetes, obesity and cardiovascular care including insulins and incretins.



Day 1: 14 December 2024

Time	Topic	Chairperson	Experts
Session 1 (Welcome and Inauguration)			
2:30 PM - 2:36 PM	Welcome & Setting the Context with National Anthem		Dr A K Das
2:36 PM - 2:49 PM	The New Face of Diabetes	Dr A K Das	Dr Chantal Mathieu
2:49 PM - 3:02 PM	Type 1 Diabetes: Current Perspectives in a Nutshell		Dr Peter Schwarz
3:02 PM - 3:15 PM	Recent Perspectives in Preventing Lower Limb Amputation in Diabetes		Dr Andrew Boulton
3:15 PM - 3:30 PM	Theme Lecture		Dr A K Das
3:30 PM - 4:00 PM	NIIS 2024 Legendary Oration: Accelerated Ageing in Asian Indians: Trends and Possible Solutions	Dr A K Das	Dr Anoop Misra
Session 2 (Industry Perspective)			
4:00 PM - 4:15 PM	Insulin & Incretin: Are We There Yet?	Dr A K Das	Vikrant Shrotriya
Session 3 (Lifetime Achievement Award)			
4:15 PM - 4:45 PM	NIIS 2024 Lifetime Achievement Award: Lecture & Felicitations: Anti-Diabetes Medications and the Musculoskeletal System	Dr A K Das	Dr Ambrish Mithal
4:45 PM - 4:55 PM	Break		
Session 4 (Insulin Weft and Warp: Crafting Comprehensive Diabetes Care - Novo Nordisk Symposium)			
4:55 PM - 5:00 PM	Setting the Context: Crafting Comprehensive Diabetes Care		Dr K D Modi
5:00 PM - 5:20 PM	Insulin Encounters: Clinical Tales	Dr K D Modi	Dr Ajay Kumar
5:20 PM - 5:40 PM	Harnessing Innovation: Insulin Degludec in OP and IP		Dr Sruti Chandrasekaran Dr Shehla Shaikh

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Time	Topic	Chairperson	Experts
Session 5 (Metabolic Crossroads: Navigating Clinical Implications from MAFLD to HFpEF)			
5:40 PM - 5:45 PM	Setting the Context: The Interplay between Metabolic Health and Cardiovascular Disease		Dr A Ramachandran
5:00 PM - 5:20 PM	Management of HFpEF: A Critical Unmet Need in Cardiology	Dr A Ramachandran	Dr C K Ponde
5:55 PM - 6:05 PM	Expert Panel		Dr Pravin Kahale Dr Jabir Abdullakutty
6:05 PM - 6:20 PM	Understanding MAFLD as a Metabolic Disease		Dr Krishna Seshadri
6:20 PM - 6:35 PM	NIIS 2024 Honour Lecture: Diagnosis & Therapeutic Options for MAFLD		Dr Shiv Kumar Sarin
6:35 PM - 6:45 PM	Expert Panel		Dr Mathew John Dr Piya Ballani Thakker
Session 6 (Expanding Points of View and Embracing Newer Paradigms for Obesity Care)			
6:45 PM - 6:50 PM	Setting the Context		Dr A H Zargar
6:50 PM - 7:05 PM	Empowering Wellness: Understanding Obesity across Women's Lifespan	Dr A H Zargar	Dr Rishma Dhillon Pai
7:05 PM - 7:15 PM	Fireside Chat Q&A		Dr Neeta Deshpande
7:15 PM - 7:30 PM	Beyond the Scale: Weighing in on Complications-Centric Obesity Assessment and Management		
7:30 PM - 7:40 PM	Fireside Chat Q&A		
7:40 PM - 7:45 PM	Summary & Conclusion: Day 1		Dr A K Das
End of Day 1			

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Day 2: 15 December 2024

Time	Topic	Chairperson	Experts
10:00 AM - 10:05 AM	Welcome & Introduction: Day 2		Dr A K Das
Session 7 (Workshop Presentations)			
10:05 AM - 10:15 AM	The Peaks of Insulin Innovation and Valleys of Insulin Adoption (Workshop Presentation)	Dr A K Das	Dr A K Das
10:15 AM - 10:25 AM	Insulin Therapy in the 21st Century: Discuss & Debate (Workshop Presentation)		Dr Lakshmi Nagendra
10:25 AM - 10:35 AM	Cardio-Renal-Metabolic Continuum and the Therapeutic Role of GLP-1 RA (Workshop Presentation)		Dr Vijay Negalur
10:35 AM - 10:45 AM	Considerations with GLP-1 RA in Routine Cardiology Practice (Workshop Presentation)		Dr P K Hazra
Session 8 (GLP-1RA Frontiers: Transforming Cardio-Renal-Metabolic Spectrum in T2D with Oral Semaglutide - Novo Nordisk Symposium)			
10:45 AM - 10:50 AM	Setting the context		Dr V Mohan
10:50 AM - 11:05 AM	Oral Semaglutide: Revolutionizing Cardio-Renal-Metabolic Care in T2D	Dr V Mohan	Dr Sri Nagesh
11:05 AM - 11:20 AM	Unlocking SOUL's Potential: Role of Oral Semaglutide in Cardiovascular Health		Dr Shashank Joshi
11:20 AM - 11:40 AM	Expert Panel		Dr A G Unnikrishnan Dr Binayak Sinha Dr Rajesh Rajput
Session 9 (Digital Health)			
11:40 AM - 11:45 AM	Setting the Context: The Insulin Titration Conundrum		Dr K M Prasanna Kumar
11:45 AM - 12:05 PM	Digital Alchemy: Transforming the Insulin Titration Landscape (Expert Panel)	Dr K M Prasanna Kumar	Dr Manoj Chawla Dr Om Lakhani
Session 10 (Time-in-Range - the Prime Glycaemic Monitor)			
12:05 PM - 12:17 PM	Time-in-Range should be the Primary Treatment Goals and Outcome Measure in Diabetes (Talk & Discussion)	Dr K M Prasanna Kumar	Dr Rajiv Kovil
12:17 PM - 12:27 PM	Break		

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Day 2: 15 December 2024

Time	Topic	Chairperson	Experts
Session 11 (Semaglutide 2.4 mg: Forging a Path to Transformative Obesity Care - Novo Nordisk Symposium)			
12:27 PM - 12:32 PM	Setting the Context		Dr Sunil M Jain
12:32 PM - 12:47 PM	STEP ping up with Semaglutide - Elevating the Game in People with Obesity across Diverse Archetypes	Dr Sunil M Jain	Dr Nitin Kapoor
12:47 PM - 12:57 PM	Fireside Chat Q&A		
12:57 PM - 1:12 PM	SELECTed Talks - Contextualizing Trial Results from a Clinical Perspective		Dr Kamal Sharma
1:12 PM - 1:22 PM	Fireside Chat Q&A		
Session 12 (Novel Weekly Injectables in Diabetes Management)			
1:22 PM - 1:26 PM	Setting the Context		Dr Banshi Saboo
1:26 PM - 1:51 PM	Novel Weekly Injectables in Diabetes Management (Expert Panel)	Dr Banshi Saboo	Dr Arpandev Bhattacharyya (Moderator) Dr S K Wangnoo Dr Shreerang Godbole Dr Pramila Kalra
Session 13 (Optimizing Health for All: Advancing Patient Care in Diabetes, Cardiovascular Disease & Women's Health)			
1:55 PM - 2:05 PM	Diabetes and Well-Being: Transforming the Journey of Diabetes Management		Dr Sanjay Kalra
2:05 PM - 2:15 PM	Act with Heart: Advancing Cardiometabolic Care Pathway		Dr Tiny Nair
2:15 PM - 2:25 PM	Clinical Insights on Women's Health and Metabolic Dysfunction		Dr Nandita Palshetkar
2:25 PM - 2:30 PM	Summary & Conclusion: Day 1 & 2		Dr A K Das
End of Summit			

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